

NORTHPORT YOUTH SAILING SCHOOL  
INFORMATION FOR 2021 PARTICIPANTS  
REGARDING COVID 19 POLICIES & PROCEDURES

After suspending programs for the summer of 2020, NYSS and its leadership and staff are excited about resuming classes for the 2021 sailing season. Because the Covid 19 pandemic is ongoing, NYSS has adopted policies and procedures intended to implement applicable rules, guidance, and other relevant information in a manner that will reduce the possibility of transmission of the Covid 19 virus, while allowing NYSS to conduct sailing classes in a manner that is safe and effective. The purpose of this document is to summarize those policies and procedures so that NYSS program participants (including students, staff members, volunteers, and members of their families and households) will know what to expect this summer. Please note that these policies and procedures are subject to change after initial publication as we monitor and adapt to changing circumstances.

Who should participate?

As with any activity, the decision whether or not to participate in the NYSS summer program during the ongoing pandemic is unique to each individual, given their own knowledge of their personal circumstances, including whether they or any member of their family or household has health factors that place them at increased risk from Covid 19. If after reviewing the policies, procedures, and expectations described below, you are not comfortable participating in the NYSS summer program (or having your minor child participate), you should not do so, nor permit your child to do so.

Prior to participating in the NYSS 2021 summer program all participants (or in the case of minors, their parent or legal guardian) will be required to acknowledge in writing that they: (a) have received and reviewed a copy of this document; (b) will comply with its requirements; and (c) understand that their participation is completely at their own risk.

What are the general expectations of NYSS Summer 2021 participants?

Prior to starting in the NYSS program all participants are expected to follow applicable state and local social distancing and masking requirements, recommendations, and other measures intended to reduce transmission of the virus in the place where they are then located. If during the two week period prior to starting class, a participant (or a member of the participant's family or household) develops or comes into contact with a suspected or confirmed case of Covid 19, you must notify NYSS President Donna Chapman so that a decision can be made about whether participation is advisable.

Similarly, during the time that they are in the NYSS program all NYSS participants and members of their families and households are expected to be vigilant at all times (i.e. 24/7) in following applicable Michigan and local social distancing and masking requirements and recommendations, and other measures intended to reduce the transmission of the virus. In addition, all participants and members of their families/households are expected to self-monitor each day for symptoms that could be consistent with a Covid 19 infection, and should promptly notify both Donna Chapman (NYSS President) and Mackenzie Goodling (Head Instructor), preferably by phone, if there is a case of suspected or confirmed Covid 19 in a participant's household.

All participants who are eligible to do so are strongly encouraged to get vaccinated against the Covid 19 virus, with the vaccination regimen completed at least two weeks prior to participating in the NYSS program.

#### How will this summer's program look different from past summers?

The primary differences that participants will see this summer, in addition to masking, sanitation, and social distancing measures, will involve the pick-up and drop-off of students, the limitation of one student to each boat, and the format of our traditional Friday end-of-session family event.

Drop-off and pick-up: Parents dropping off and picking up their children in cars are asked to remain in their cars, and follow staff directions as to parking. Please wear masks at drop-off and pick-up. Staff will retrieve students from cars at the beginning of the session and bring them back to you after class. When a staff member comes to get your child from your car before class, they will likely take your child's temperature, and may ask a few health-related questions.

Students arriving on foot or by bicycle should arrive wearing their masks, should maintain appropriate social distancing, and should follow signs and/or the instructions of staff to check in with a member of the staff, have their temperature taken, and answer a few health-related questions. Bicycles should be parked on or near the bike rack.

Masks: All participants should bring two cloth (not paper) masks to class each day. Gators, bandanas, scarves, and the like are not acceptable. In general, students will be required to wear masks at all times during the "on shore" portion of the class; exceptions may be made under limited circumstances while outside where significant distancing can be maintained. In accordance with CDC guidance regarding the risks posed by the wearing of masks during water activities, students will not be required or

permitted to wear masks when on the water. Staff members will keep the students socially distanced in the transition between on-shore and on-water portions of the class.

One Student Per Boat: Because students will not be wearing masks while on the water, we will only be allowing one student per sailboat. For several of our classes, this represents a significant change from past practice, and we will be modifying our curriculum accordingly. We appreciate everyone's understanding and patience as we refine and tweak these adaptations - our staff is learning too!

Sanitation: Hand sanitizer will be available in and around the NYSS boathouse and teaching area. Staff will work with your kids to keep them sanitized, particularly after using the public restrooms. Prior to each morning and afternoon session, staff will sanitize the sailboats to be used for that session.

Foul weather: In the event that wind and/or rain make it impractical to continue with classes, NYSS staff may decide to cancel one or more classes. The space in the boathouses, which is our normal "rainy day" teaching space, is not large enough to accommodate the students in all of our classes with appropriate social distancing. Therefore, on days when it looks like rain is possible, we ask that parents/guardians be available to pick up their kids on fairly short notice. It is very important that our staff have a reliable cell phone number to call in the event that they need to reach a student's parent or guardian while sailing classes are in session.

Friday family event: regatta and sailing demonstrations. As in the past, at the end of the day on each Friday, weather permitting, the students, their families, and the NYSS staff will celebrate the kids' accomplishments in completing their class. Students will participate in sailing races or other demonstrations of their newly-learned sailing skills. For health safety reasons, we will not be serving hot dogs or holding a "potluck" picnic, but families may of course bring their own food and drinks. Students' household and family members are strongly encouraged to join us for these Friday events, but will be asked to stay in their family/household groups and maintain a safe social distance from other family/household groups. Further details will be provided on your child's first day of class (if not sooner).

Wednesday regattas. Depending on sailing level and ability, students will have the opportunity to participate in sailing races after the conclusion of afternoon classes on Wednesdays. Further details will be made available when your child arrives for the first day of class (if not sooner). As with the Friday sailing races and demonstrations, family and household members are strongly encouraged to come and watch these races from the

shore. Family/household groups will be asked to wear masks and remain socially distanced from other groups.

#### What if there is a case of Covid 19 in the NYSS Community?

In the event that there is a confirmed or suspected case of Covid 19 in the NYSS community (i.e. a participant in the NYSS program or a member of a participant's family or household) during the summer sailing program, NYSS will notify by email other members of the NYSS community who are believed to have been in contact with the person with the suspected or confirmed case, and will provide additional information as is available regarding the nature and length of the possible exposure. The identity of the person with the confirmed or suspected case will be kept confidential. It is important that we have a valid and regularly-checked email address so that we can be in contact with you during the summer program. In addition, NYSS President Donna Chapman, in consultation with such persons as she deems prudent, will decide whether it is necessary to cancel one or more sailing classes or other related activities. Unfortunately, refunds will not be available in the event of such cancelations.

#### Can I still purchase NYSS Merchandise?

Yes! Merchandise is available for pre-order through the NYSS website, and pre-orders are strongly encouraged. All orders must be placed by June 20, 2021. Pre-orders will be available for pickup during your child's week of sailing school. In addition, we will have limited merchandise for sale in person during our Friday family event.

#### Who can I contact with questions or concerns regarding NYSS and Covid 19?

Please feel free to raise any questions or share any concerns you may have using the "Contact" form on our website. Once you are in Northport this summer and the program has begun, feel free to raise questions or concerns with NYSS President Donna Chapman or Head Instructor Mackenzie Goodling.

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We want to express in advance our appreciation for everyone's willingness to cooperate with us as we implement these policies and procedures. It is that spirit of cooperation that will allow us to resume our program this summer, for which we are very grateful.